

MASSAGE

TRANQUILITY
60 minutes \$140

This soothing massage will gently ease away muscular tension, relieve stress and promote a state of deep relaxation.

BACK, NECK & SHOULDERS
45 minutes \$109

Relish having your therapist address common areas of tension with strokes that will soothe and revitalise your muscles.



BODY TREATMENTS



REJUVINATING FOOT TREATMENT
45 minutes \$109

Revive your feet and lower legs with a soak and exfoliation followed by a hydrating massage.

ALPINE PAMPER PACKAGE
2.5 hours \$270

Begin this luxurious treatment with a herbal tea or glass of bubbly as you soak in a foot bath. Then go on to enjoy a soothing tranquillity massage.